

## Tips for testing your drugs:

- Do not use test strips more than once.
- Finely crush **pills and tablets**, add water to the powder and mix thoroughly. If you do not want to test the entire pill, break it in half and test a portion from the middle.

## What do the test results mean?



- **Positive test:** Fentanyl or a similar synthetic opioid has been detected in your drugs. If you are not planning to use fentanyl or opioids, avoid using the drugs or see the “What else can I do to lower my risk of overdose?” section on the back of this material.



- **Negative Test:** Fentanyl or a similar synthetic opioid has **not** been detected in your drugs. Remember, no test is 100% accurate and your drugs may still contain fentanyl or a similar synthetic opioid.



- **Invalid test:** Retest your drugs using a new strip.

## What else can I do to lower my risk of overdose?

- Never use alone. Use drugs with other people and take turns using them.
- Get naloxone (or Narcan). Naloxone is a safe and easy-to-use medication that can reverse the effects of an opioid overdose. Call **211** to find out where to get naloxone at no cost.
- Before using drugs, ask someone you trust to check on you regularly.
- Go slow by taking small amounts.
- Avoid mixing drugs.



IF YOU OR SOMEONE YOU'RE WITH IS IN CRISIS, DIAL **988**.  
IN A LIFE THREATENING EMERGENCY, DIAL **911**.

For resources and support related to substance use and mental health scan the QR code or visit [tompkinscountyny.gov/health/mhresources](https://tompkinscountyny.gov/health/mhresources)

# HOW TO TEST YOUR DRUGS USING FENTANYL TEST STRIPS

Tompkins County Whole Health  
*Creating a future where everyone in Tompkins County can achieve wellness.*

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TOMPKINS COUNTY

Whole Health

## Why should I test my drugs for fentanyl?

- Fentanyl is a powerful opioid that increases risk of overdose.
- Fentanyl is commonly found in heroin. It is also present in cocaine, crack, methamphetamine, ketamine, and pills from nonmedical sources.
- Fentanyl cannot be detected by sight, taste, smell or touch.
- Knowing if the drugs you plan to use contain fentanyl can lower your risk of overdose.



## What are fentanyl test strips?

- Test strips can tell you if your drugs contain fentanyl but not how much fentanyl there is or how strong it is.
- Test strips can prevent overdose if used correctly and with other risk reduction practices.



## How can I test my drugs for fentanyl?

There are three ways to test your drugs for fentanyl. Choose the option that works best for you.

### Step 1: Choose your option.

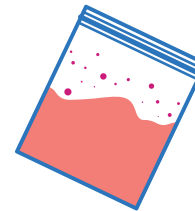
#### Option 1

- Dissolve all the drugs you plan to use in water by following the instructions in **Step 2**.
  - This is the most accurate way to test your drugs since fentanyl is not always mixed evenly throughout. If you cannot test your drugs this way, try **Options 2 or 3**.
  - After testing your drugs this way, you can drink them, snort them using a clean nasal spray device or wait until the water evaporates to use them.



#### Option 2

- Finely crush your drugs on a clean surface.
- Put the crushed drugs in a small, plastic bag and shake the bag to mix them.
- Empty the bag and put your drugs to the side. A small amount of drug residue should be left in the bag.
- Add water to the bag by following the instructions in **Step 2**.



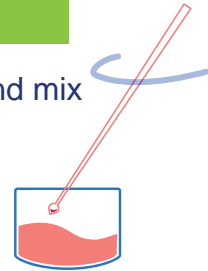
#### Option 3

- Put 10 milligrams (mg) of your drugs (enough to cover Abraham Lincoln's hair on a penny) in a clean, dry container.
- If you cannot test 10 mg of your drugs, put at least a few grains in a clean, dry container.
- Add water to the container by following the instructions in **Step 2**.



### Step 2: Add water.

- Add water to your drugs and mix them up.
- For **meth, MDMA and ecstasy**, use 1 teaspoon of water for every 10 mg of crystal or powder you are testing.
- For **all other drugs**, use a half teaspoon of water.



### Step 3: Use the test strip.

- Place the test strip with the wavy side down in the water. Let the strip absorb the water for 15 seconds.
- Take the strip out of the water and place it on a flat surface for 2 minutes.
- Read the results (see "What do the test results mean?").

